The packet — what this edition changes, and where the print differed from the Book

Notes to `aa-12-step-packet.md`, the transcription of `aa-12-step-packet.scan.pdf` — an 18-page Big Book sponsorship packet that runs a sponsee from the first meeting through Step Twelve (first-meeting checklist, six assignments, five meetings, three diagrams, the Fourth Step tables, the amends list, and the Visualizations). The transcription is written in the handout dialect (`recovery/style/README.md`), so `uv run scripts/build-handout.py --pdf recovery/guide/step-12/aa-12-step-packet.md` produces the print, `aa-12-step-packet.handout.html` → `aa-12-step-packet.pdf`, and the markdown is the only thing anyone edits.

Every Big Book passage in it is given in the book's own wording, verified against `bb/` with `uv run scripts/check-bb-cites.py recovery/guide/step-12/aa-12-step-packet.md`; where the packet's print differs, the book wins and the difference is listed below. Prayers, Visualizations and the packet's own instructions are transcribed as printed.

This edition's changes from the packet's print

Made on 2026-10-23, when the packet became the spine of the Step Twelve guide at read.monty.io/step-12/:

Where	The packet printed	This edition
Assignment #1	“read the first 63 pages and find the four (4) things that will NOT keep you sober”	**Read from page xi to page 43** — the Preface, the Forewords, the Doctor’s Opinion, Bill’s Story, There Is a Solution and More About Alcoholism — with a pen, and find the four things. The four are all inside pp. 24–43; pp. 44–63 come with Assignment #2’s pp. 60–63 and the Step Two reading.
Meeting #1, the mind	“(GO OVER POWER OF CHOICE DIAGRAM)” — the two blank worksheets, a Pros / Cons ledger and Reasons to take / not to take the first drink	**The Mental Obsession** (two pages) and the **Cycle of Addiction** (one page) stand where the diagram was. The mental-obsession pages are the H&I sheet `▤ recovery/h-and-i/mental-obsession.handout.html` trimmed to the four sentences (Jim, the man of thirty, the deliberate drink, Fred) with one or two passages each; the cycle page is page 2 of the **▤ Relevant Recovery Sponsorship Workshop** with its *My Cycle* worksheet. The diagram itself stays in the folder as `power-of-choice.svg` and in `▤ two-diagrams.handout.html`.
Meeting #2	the abandonment list dictated as twelve lines	The twelve are dictated from the **Abandonment List** sheet (`▤ step-03-abandonment-list.handout.html`), set in whole as two pages, with its added items; the packet’s twelve carry a †.
Fourth Step	the Book’s own four columns as a table, a nine-line fear list, the sex-conduct table	**The Big Book Awakening sheets** from the workshop’s pages 4–9: the resentment inventory with the seven areas of self (BBA p. 57), the Realization and the fourth column (BBA p. 61), the fear inventory’s four questions with the workshop’s two examples, the sex inventory’s brief history and nine questions (BBA pp. 69–70), and the 20-10-5 sane and sound ideal. The packet’s Book passages for each (p. 64, p. 68, pp. 68–70) stay as the lead-ins.
Meeting #4 and #5, prayers, amends list, Visualizations	—	as printed.

The workshop’s Fourth Step pages credit their source line by line (“Section 7 – Step Four · Page 57 · www.BigBookAwakening.com”); the credit is carried in each page’s subtitle. The two fear examples (public speaking, being alone) are the workshop’s own, not the Book’s.

Where the packet's print departs from the book

Big Book passages in the transcription use the book's wording (verified against the `bb/` markdown and, where they differ, the chapter PDFs). Where the packet's print departs from the book:

Where	Packet says	Book reads	Page
First meeting	“his religious **learnings**” (typo; corrected). Packet’s paraphrase also has “his problem” — book has “his problems”; the transcription now follows the book.	“his religious leanings”	◆ **p.90**
First meeting	“**Foreward** to the First Edition” (corrected)	Foreword to First Edition	◆ **p.xiii**
First meeting	“quit for good **and for all**” — the packet’s own instruction, left as printed	“ask him if he wants to quit for good and if he would go to any extreme to do so”	◆ **p.90**
First meeting	“(Stress the spiritual aspect freely, outline the program of action). (pg.92)” — paraphrase; the transcription says *spiritual feature* with the book	“Stress the spiritual feature freely.” is p.93; “Outline the program of action” is p.94	◆ **pp.93–94**
Will power / Mind	“so called will power becomes practically nonexistent”	“so-called will power becomes practically non-existent”	◆ **p.24**
Mind	“of even a week or month ago” (the packet’s own re-quote under *Insanity* has it right)	“of even a week or a month ago”	◆ **p.24**
Long period of sobriety	“fell victim to **the** belief **that** practically every alcoholic has – that his long period of sobriety had qualified him”	“fell victim to a belief which practically every alcoholic has—that his long period of sobriety **and self-discipline** had qualified him”	◆ **p.32**
Other people	cited “pg. 24 & 43”; “unless locked up may die”	quoted text is p.24 only: “unless locked up, may die”. The p.43 companion line the heading points at is “Except in a few rare cases, neither he nor any other human being can provide such a defense.” — now on the Mental Obsession page.	◆ **p.24**, ◆ **p.43**
Body	“is **but** a manifestation of an allergy … never occurs in the average drinker”	“is a manifestation of an allergy … never occurs in the average **temperate** drinker”	◆ **p.xxviii**
Body	cited “Pg. 22”	passage runs onto p.23 (“…impossible for him to | stop.”)	◆ **pp.22–23**

Where	Packet says	Book reads	Page
Spirit	“would have recovered **a long time** ago”; “not sufficient**:** they failed utterly”; “Well that’s exactly”	“would have recovered long ago” (p.45); “not sufficient; they failed utterly”; “Well, that’s exactly”	◆ **pp.44–45**
Spiritual malady	“we were prey to misery and depression”	“we were **a** prey to misery and depression”	◆ **p.52**
What the steps do	“rocketed **to** a fourth dimension”; “and nothing less**;** that we have had”; “toward life **and** toward our fellows”	“rocketed into a fourth dimension”; “and nothing less: That we have had”; “toward life, toward our fellows and toward God’s universe”. The `*` after “spiritual experiences” is the book’s own footnote marker (“Fully explained —Appendix II”), not a packet artifact.	◆ **p.25**
Step Two	“crushed by a self-imposed crisis**,** we could not postpone or evade”; “or **h**e isn’t”	no comma after “crisis”; “or He isn’t”	◆ **p.53**
Step Two	“(c) That God could and would if **h**e were sought.”	“if He were sought”	◆ **p.60**
Step Three	“said to our **m**aker”; “Take away my difficulties that victory”; page 10 of the packet has “ready**:** that” (page 6 has the semicolon)	“said to our Maker”; “Take away my difficulties, that victory”; “ready; that”	◆ **p.63**
Step Three / Fourth Step	“Next**,** we launched out”; “our decision **(Step 3)** was”; “and be rid of”; “So**,** we had”; cited “pg. 63”	“Next we launched out”; the “(Step 3)” gloss is the packet’s and is dropped; “and **to** be rid of”; “So we had”. Passage begins on p.63 and runs onto p.64.	◆ **pp.63–64**
Fourth Step	“From it stem all **form** of spiritual disease”; “When the spiritual **disease** is overcome”	“all forms of spiritual disease”; “When the spiritual malady is overcome”	◆ **p.64**

Where	Packet says	Book reads	Page
Fourth Step table	"self-seeking**,** and frightened? Where were we to blame?" (run together); column header "My Part:"	"self-seeking and frightened?" — and the book has a sentence between the two questions ("Though a situation had not been entirely our fault, we tried to disregard the other person involved entirely."). The book's words at p.67 are "we resolutely looked for our own mistakes" and "The inventory was ours, not the other man's." The table is replaced in this edition by the Big Book Awakening sheets.	◆ **p.67**
Fear list	"Some of us had great self-confidence"; "When it made us cocky it was worse"	"Some of us **once** had great self-confidence"; "When it made us cocky, it was worse"	◆ **p.68**
Fear list	"direct **out** attention" (typo; corrected)	"direct our attention"	◆ **p.68**
Sex inventory	"We reviewed our conduct over the years past"; "jealousy, suspicion**,** or bitterness"; the packet splits one book question into two column headings ("Where were we at fault?" / "What should we have done instead?")	"We reviewed our **own** conduct over the years past"; "jealousy, suspicion or bitterness"; "Where were we at fault, what should we have done instead?"	◆ **p.69**
Step Six	"We have willingness as being indispensable. Are we now **willing** to let God remove"	"We have **emphasized** willingness as being indispensable. Are we now **ready** to let God remove"	◆ **p.76**
Step Seven	"like this**,** "My Creator, I am **no** willing … which **sands** in the way … as I go out from here to do your bidding. Amen." We have **now** completed Step Seven."	"like this: "My Creator, I am now willing … which stands in the way … as I go out from here, to do your bidding. Amen." We have **then** completed Step Seven."	◆ **p.76**
Steps Eight and Nine	"**Lets** look at Steps Eight and Nine"	"Let's look at Steps Eight and Nine"	◆ **p.76**

Where	Packet says	Book reads	Page
Step 12	“insure immunity” — matches the printed book. (The repo’s `bb-chapter-07.md` read “ensure” until 2026-08-29; corrected to “insure” after checking the chapter PDF.)	“nothing will so much insure immunity from drinking as intensive work with other alcoholics”	◆ **p.89**

Packet page 8 (*Life Run on Self Will*), 11 (*Fourth Step*) and 13 (*Sex Inventory*) are landscape scans; their layout is described in prose beside each table or diagram in the transcription. The three diagram SVGs (`power-of-choice.svg`, `what-the-12-steps-do.svg`, `life-run-on-self-will.svg`) are redrawn from the packet’s pages 7–8; `cycle-of-addiction.svg` is the workshop’s page 2, redrawn.

From the Big Book sponsorship guide at bigbook.it/step-12/ · a page of the guide; the Book's own text, page for page, is at bigbook.it/bb/. · source aa-12-step-packet.notes.md