Step Four — the inventory has its own guide

the long form of what the packet carries on six sheets

The Fourth Step is the one Step with a guide of its own on this site: **Step Four with the Big Book Awakening workbook.** It has the inventory column by column — Columns 1 and 2, Column 3 and the seven areas of self, Column 4 and the Realization, the fear inventory, the sex inventory and the sane and sound ideal — with eighteen worked resentments, ten worked fears, six relationships, a plain-language track for the first time through, and every printed sheet as a PDF.

The packet in this guide carries the same material on six sheets, one resentment, one fear and one relationship to a page, for the man who is doing it for the first time with his sponsor beside him: see the AA 12-Step Packet, pages 12 to 17. The sheets are the Big Book Awakening workbook's (August 2006), as the ▤ Relevant Recovery Sponsorship Workshop reprinted them.

What the sponsor does at Meeting #3. Lay the sheets out and show him where each instruction is in the Book — resentment ◆ BB p.64 ¶3 to p. 67, fear ◆ BB p.67 ¶3 to p. 68, sex conduct ◆ BB p.68 ¶4 to p. 70 — and have him commit to a date for the Fifth Step before he leaves.

From the Big Book sponsorship guide at bigbook.it/step-12/ · a page of the guide; the Book's own text, page for page, is at bigbook.it/bb/.