Sex Inventory Example — "Bill"

> *"God please help me see the Truth about my conduct in relationships"*

Name: "Bill" **Relationship:** Friend's Husband

Brief History of the Relationship

My motives for getting involved were...

I wanted to have sex, feel wanted, feel powerful. I wanted to get more secure and important in my relationship with him and his wife in the horse business. My motive was to improve my importance in their lives. I wanted to be more important so to do that I had an affair with the husband. I was driven by fear of not getting love and losing the chance at power!

My specific conduct in the relationship has been...

Secret meetings. At first I turned him down (thought he was kidding) then I had the affair, would break it off, then go back. I couldn't stay stopped. I was never able to end it until I left him to have another affair with a man he introduced me to.

The major points that came up in the relationship are...

How I hid and we lied to his wife. I did lots of drinking and drugs. He introduced me to a man that I had an affair with and did some illegal business with. I avoided Bill and sold my horses because I left another relationship and was financially poorer. I lied also about where I went and what I did.

How it ended...? or how it is now...

Don't know if it ever did. I just changed men. We never really talked about it. Got out, sold horse and disappeared into my addiction. I made amends to him at 12 years sober.

Couldn't find him for 12 years, avoided.

Nine Questions

1) Where had I been selfish?

Stealing my friend's husband, cheating on my relationship. Not telling him that I didn't want to, ignoring how my behavior hurt his family and my relationship. I didn't call when I would be late.

2) Where had I been dishonest?

I lied to my partner, Bill, his wife, his kids, and my friends about where I went, when and with whom. I was dishonest because I didn't tell him and didn't do what I said I would do.

3) Where had I been inconsiderate?

Not thinking about how I was hurting Bill, his family, his employees or my boyfriend. I was inconsiderate because I didn't think about his feelings or what he needed.

4) Whom did I hurt? (Look around the relationship)

I hurt Bill, his wife, family, employees, my boyfriend, Bill's kids, my job, my friends and family. **The ripple effect.**

5) Did I arouse jealousy?

Yes, I aroused jealousy in my boyfriend, in Bill's wife and his kids.

6) Did I arouse suspicion?

Yes, in my boyfriend and Bill's wife — in people in the horse show circuit. Raised suspicion in their friends and kids.

7) Did I arouse bitterness?

Family probably bitter that he was gone a lot. In my Bill towards me push/pull, love/hate and in his wife.

8) Where was I at fault?

I lied. I cheated. I was selfish and inconsiderate. Said I'd be there for my boyfriend or my family and never showed up.

9) What should I have done instead?

I should have respected the covenant of marriage, turned him down. Not enough power, should have prayed and gotten power from God to speak my truth — been honest, considerate of others welfare, honored my commitment.

HARM:

- Lying to Bill, to my boyfriend, to Bill's wife. Stealing his wife's, their children's, his employees', and my boyfriend's peace of mind. Stealing their father's time.

From the Big Book Awakening Step Four guide at bigbook.it/step-4/ · a page of the guide, not the workbook itself: the workbook's own pages are linked from "Originals & sources." · source examples/sex-inventory-example-bill.md